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Sunday Services, November 2022

November 6: Leonard Cohen Goes to Church

Speaker: Marty Barrett

The late poet and musician Leonard Cohen was a devotee of "The Lord of Song," he said, and his lyrics reflect a deep reading of many sacred texts. We spend time with a few of his songs and learn why churches wouldn't play "Hallelujah" nearly as much if they'd listen to all the lyrics.

November 13: Wiley Coyotes And You (And UU)

Speaker: Dana Stangel

The 7th Principle of Unitarian Universalism references the interdependent web of existence of which we are all a part. Here in Los Angeles, "existence" involves many creatures big and small who coexist with us, including coyotes. Urban Naturalist and educator Dana Stangel of Teranga Ranch joins us to share some fascinating facts about the animals, quadrupedal and otherwise, that live in our backyards and on our blocks, challenging our preconceptions of "rural Los Angeles."

November 20: Say It with Rocks! A Sedimentary Service Speakers: Mary Madill, Madeline Dow, And Valerie Weston

A very crafty November culminates in this group project involving painting rocks for placement in our homes or the garden of UUVerdugo.

November 27: Gratitude And Attitude

We have a lot to be thankful for even though there is much that needs to be done. Studies suggest that an "attitude of gratitude" actually helps us be more helpful to both ourselves and others. With that theory in mind, we'll talk about the social science behind gratitude and its amplifying effect on health and community wellbeing.

NOVEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
UUVerdugo	31	1	2	3	4	5
LEONARD COHEN GOES TO CHURCH W. MARTY BARRETT 10:30 POTLUCK! NOON	7	8	9	10	11 ASCENCIA FOOD PREP Bailey food dropoff 2-6	12 Art fundraiser St-forward 2-4:30 p.m.
13 WILEY COYOTES AND YOU W. DANA STANGEL 10:30	14	15	16 Movie Night! "Rumble" 6:00	17	3RD FRIDAY POTLUCK! 18 NOON Paint & SIP Garden Fundraiser 6 P.M.	19
SAY IT WITH ROCKS! W. MARY MADILL & GUESTS 10:30	21	22	23	GOBBLE GOBBLE	25	26
ATTITUDE AND GRATITUDE UUVERDUGO 10:30	28	29	30	THE UNITARIAN UNIVERSALIST COMMUNITY OF THE VERDUGO HILLS 3 4451 DUNSMORE AVENUE, LA CRESCENTA, CA 91214 UUCVH@UUVERDUGO.ORG 818.248.3954		

NOTE: THESE ARE PUBLIC EVENTS. PRIVATE RENTALS OR CHURCH-ONLY EVENTS ARE NOT LISTED ON THIS CALENDAR.

All the UUs that's fit to print.





In-person voting returns to UUVerdugo. Gordon is distressed by flavored vaping.

from the Board President

Greetings Everyone,

By now everyone has been notified we are going back to having the official First Sunday Potluck. It will be on November 6, after service. Drop off your pots of yummy goodness in the kitchen as you have in the past.

We have thought about it and talked about it and we feel this will be the safest way to handle the lunch.

Madeline and I will be your servers. Please stroll downstairs somewhat slowly, masked of course. We will be dishing out the eats wearing disposable gloves. We are hoping there will not be a mass rush at the food table.

Some of you can go grab some Betsy Brown Brew (coffee) and grab a seat outside, then come back and take a familiar-looking yellow melamine plate and pick out what you would like to enjoy eating.

Once all have been served, Madeline and I will join everyone. Anyone wishing to have seconds feel free to serve yourself but please wear disposable gloves throughout.

I am looking forward to some favorites coming back like Deane's never-seconds Jell-O salad. The recipe amazes me—it has lemon Jell-O in it. I can't taste it.

I will be making an eggless potato salad. Don't know if it will taste the same as the last one I made. Can never perfectly repeat recipes out of my head.

To the tune of the Peggy Lee hit song of 1969 (with some word substitutions): let's keep dancing, let's break out the food, and have a ball! Yes, that's all there is.

Paula Hallowell

Social Justice

UU THE VOTE: We have 50 writers and have sent more than 9700 cards and letters to voters in six states! Thanks to all who participated and supported this effort. Stay tuned—we may at it again later in the month. Runoff possible.

ASCENCIA HOMELESS SHELTER: We need volunteers to help cook in our kitchen and serve at Ascencia later. Contact Howard at hwrichman@yahoo.com for details.

BAILEY FOOD BANK: Please drop your donations at UUVerdugo. We need a volunteer each month to drop off the donations at Bailey Food Bank in Tujunga. Any Tuesday or Wednesday morning. Contact our office @ uucvh@uuverdugo.org

AFGHAN FAMILIES: Our friends at Congregational Church in La Canada are hosting baby shower for two Afghan women Nov 6. At 1 pm. All donors invited. Contact arpeggiata@yahoo.com

CLOTHING DRIVE: Thanks to all who donated to this co-operative effort with St. James Catholic Church. We'll do it again soon!

ART CORNER: Thanks to all who are sharing their wonderful art on our walls and table, and to Vickie Guagliardo and Simone Williams for their newly-added creations, now on display.

Madeline Dow





Meanwhile at a local church, I overheard this story:

Two men were marooned on an Island. One man paced back and forth worried and scared while the other man sat back and was sunning himself. The first man said to the second man, "Aren't you afraid we are about to die?" "No," said the second man, "I make \$10,000 a week and tithe faithfully to my church. It's Stewardship Month. My pastor will find me."

Linda Hunt



Outreach & Sunday Services

I'm happy to report that we have saved a great deal of money, increased revenue, and provided programs on Sundays and throughout the week that have been engaging, inspiring, and fun since embarking on a "Fellowship" model in July (in which the congregation is in charge of Sunday services and not a minister). That said, we have had and will continue to host regular installments of visiting UU luminaries, among other clericval types.

It is true that church membership is on the wane throughout the United States, and thus churches must diversify. That we are retaining our roots as a UU fellowship, with all its progressive community service and encouragement of spiritual growth, but also emerging as an arts and community center is the key to our survival. But even as you are enjoying these services and programs (and diligently showing up on time for them), I ask you to renew your effort in spreading the word: UUVerdugo is here and we do great things all week, starting with Sunday services but also expanding community outreach, as a performance space, and as a place to learn and grow. It's not a secret club! Tell people about it!

Thank you to Simone Williams and Greg Burkart for hosting **Horror in the Hills** throughout October. We watched four horror movies and discussed their cultural impact, culminating in "The Exorcist" (that's me on the next page by the "Exorcist Steps" in Georgetown a few years ago). This month we'll be watching "Rumble," an excellent documentary on indigenous rock musicians from Link Wray to Redbone. The HUUT returns for its final show of the year on December 3: our annual extravaganza of original holiday songs for non-existent holidays.

We have quarterly Sunday Service Squad meetings, with pizza and beverages that go with pizza, to plot and scheme. I am always looking for people to concoct and run their own services, both to give you the exhilarating feeling of addressing people in pews as well as to give me an occasional Sunday off.

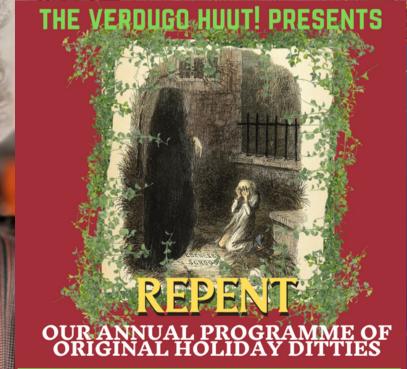
Happy Thanksgiving, everyone! I'm grateful for you.

Marty Barrett









SATURDAY, DECEMBER 3 AT 7 P.M. | THE SANCTUARY AT UUVERDUGO
VERDUGOHUUT.COM | \$15/GENERAL | \$10/STUDENTS & SENIORS